

Disclosure Response Scripts

“ Acknowledge and Create Safety ”

Thank you for telling me.
I'm glad you came to me.
I'm really sorry this happened to you.
I want to support you the best way I can.

“ Offer Options Without Pressure ”

We can talk about options if you want, or we can just focus on support today.
You don't have to decide anything right now.
What would feel most helpful at this moment?

“ Validate And Reduce Self-Blame ”

This isn't your fault.
What you're feeling makes sense.
You're allowed to feel the way you do.

“ Clarify Confidentiality Respectfully ”

I want to be upfront about confidentiality.
If there are safety or policy concerns, I may need to share limited information.
If I do need to share something, I'll explain what I'm sharing and why.

“ Listen Without Pressure ”

You can share as much or as little as you want.
We don't have to go into details right now.
Take your time. I am listening.

“ Close The Conversation with Clarity ”

Before we wrap up, let's check what you need today and what the next step is.
I'll follow up with you by [time/date].
Does that work for you?

